

SAILING INSTRUCTIONS
SEISA District Qualifying Regatta
for the
NATIONAL HIGH SCHOOL SINGLEHANDED CHAMPIONSHIP
October 15 - 16, 2011
Houston Yacht Club
Shoreacres, Texas

1 RULES:

1.1 The regatta will be governed by the Racing Rules of Sailing 2009-2012, the prescriptions of US SAILING, the ISSA Procedural Rules, the Notice of Race, and these Sailing Instructions.

1.2 RRS appendix P is in effect modified per ISSA Procedural Rule 14(c)

1.3 In accordance with rule 70.5(a), decisions of the protest committee are final. US SAILING's permission has been granted.

2 NOTICE TO COMPETITORS:

2.1 Notices including changes to sailing instructions will be posted on the official notice board located in the breezeway adjacent to the offices of HYC. Changes to the sailing instructions shall be approved by the protest committee and posted no later than one hour prior to the first warning signal on the day it will take effect.

3 SCHEDULE:

Saturday, October 15, 2011

0930 Check in and Rigging of Boats.

1030 Competitors Meeting (Mandatory)

1130 First Warning. Racing will continue throughout the day, the number of races each day will be at the discretion of the PRO.

Racing will continue until late, weather permitting.

Sunday, October 16, 2011

0900 Competitors Meeting (Mandatory)

1000 First Warning. Racing will continue throughout the day.

1300 No warning signal will be made after this time.

1400 (or as soon as possible after racing) Lunch and Trophy Presentation.

Changes to schedule will be posted on the official Notice Board.

4 COURSES AND MARKS:

4.1 Courses will be windward/leeward twice around with the start/finish line to leeward of the leeward mark.

4.2 All marks will be yellow tetrahedrons.

4.3 In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required.

5 SHORTENING AND ABANDONING RACES:

5.1 In accordance with ISSA PR 7.7(d) races will not be shortened. They will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee, in consultation with the protest committee if possible.

6 START, FINISH, AND RECALLS:

6.1 Races will start in accordance with RRS US Sailing Prescription Appendix S Sound-Signal Starting System (3 minutes).

6.2 Individual recalls will be signaled by the hail of the sail number (or some other clearly distinguishing feature) of each recalled boat. Flag X need not be displayed.

6.3 General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b).

6.4 The start line will be between an Orange flag on the Signal boat and the Orange mark on the port end.

6.5 The finish line will be between an Orange flag on the Signal boat and the nearby Yellow mark on the port end.

7 PROTESTS:

7.1 Protests procedure will be in accordance with ISSA PR Part VI.

7.2 Competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

8 SCORING:

8.1 Scoring will be in accordance with ISSA PR 9.

9 COACHING:

9.1 Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

9.2 While not racing, competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or from the designated coach boat.

10 SAFETY:

10.1 Competitors shall wear USCG approved Type III or V (if sailing is indicated on the label) lifejackets while on the water. Inflatable type lifejackets are not permitted.

10.2 A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

11 WAIVER OF LIABILITY:

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.